

Artworks catalogue

lasis
100X120cm



THEODOSIA CHATOGLOU

The edition you are holding in your hands is a collection of the paintings of a special artist-Theodosia Chatoglou. Paintings that are characterized by their rich colours, the playfulness of their shapes or , “sacred geometry”, the aura of calmness, relaxation and healing energy which overwhelms them.

Works of art that would ideally decorate public places, waiting rooms, recreation areas and, why not, places of spiritual uplift.

They are available in numbered copies , in standardized dimensions, without this excluding special orders.

Each painting is accompanied by a “positive affirmation” especially written by Evaggelia Marouga and Theodosia Chatoglou.



Heart
30X30cm



Love
50X40cm

Love

Embrace myself, the deepest parts inside me, the most precious gift in the world. I offer my care limitlessly without rules, happy to be with myself again.



Amor
50X40cm



Power
30X30cm

Strength

I am open and invite the inexhaustible power that resides in the centre of the heart uniting it guides me with the light and its superior wisdom.

Insight
30X30cm



Abundance

Every breath, holy communion with the universe. Every moment I have and I increase whatever I need for my fulfillment, I reach the best of my potentials. Golden fibers of light within the body energize my spirit. Present, thought and implementation.

Abundance
30X30cm



Serenity
40X40cm

Serenity

I sail on a clean windless sea .
Maternity and loving feeling
the silk touch of the water.
I relax the body muscles and
every cell of my existence and
I become one with the peaceful
watery nature of mine.

Eagle's vision
60X50cm



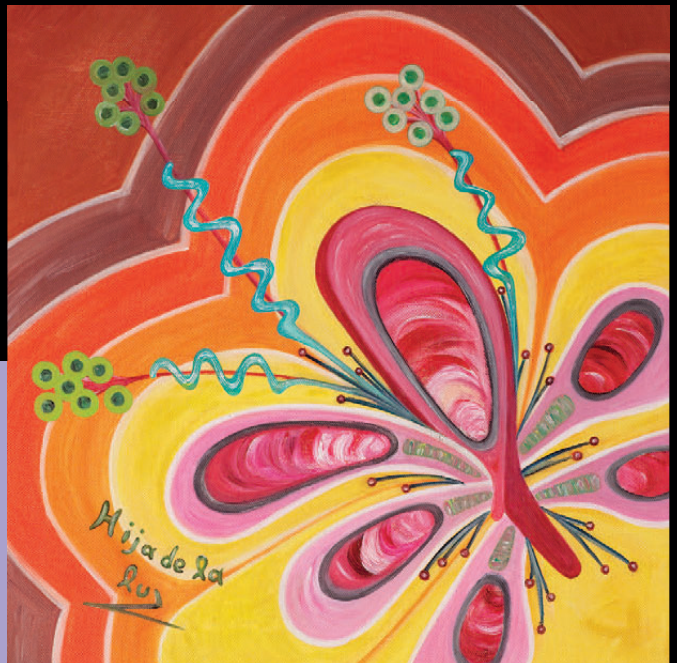


Fertility
50X50cm

Fertility

Life blossoms inside me.
I wipe seeds of love,
knowledge and wisdom
everywhere around me.
Everything I touch begets
creation and harmony.

Flower
40X40cm



Flower

I hide in my arms the prettiest
flower in all creation .It en-
dows me with colours, fresh-
ness, fragrances and the
blessing of mother Earth.



Cosmic family
70X90cm



Feminity
30X30cm

Feminity

Sacred triangle of conceiving and birth, I wave sweetly to the rhythms of creation, I give birth I am born, I transform any wound into light, any trauma into a humanitarian gate.



Etherec
30X30cm



Precious

I open my arms to take the gifts that universe offers me generously. Precious treasures that glow in the light of the heart. I feel plenty of joy, love and creation.

Precious
30X30cm

Angelical
30X30cm



The essence of being
30X30cm



Protection
30X30cm



The dancer of life

I dance with life, with a perpetual movement that transcends all barriers. I open the wings of existence and fly to the freedom of the soul.

The dancer of life
40X40cm



Genesis
50X50cm

Butterflies
50X50cm



Angel

You are always close to me whenever I call you, both joys and in sorrows, precious friend ,companion, holding my hand and contemplating life in the universe together.



Angel
30X30cm



Harmonic relationships
70X90cm



The book of life
100X120cm



Syntonize joy
30X30cm

Sacred pure

In the space where life starts I touch the sacred. The miracle that grows inside me every moment in the centre of my heart and my existence.



Sacred pure
40X40cm

curriculum vitae

My name is Theodosia Chatoglou and I was born in Athens in September 1977. I studied Italian literature and History of Italian art at the Aristotelian University of Thessalonica and I completed my studies by staying seven months in the city Siena of Toscana.

My artistic course led me to Cadiz of Spain where the Atlantic Ocean became my soulful mentor. My four years stay in Andalusia and the follow-up of seminars of modern art and pottery in the University of "Bellas Artes" Cadiz nourished me and led me to the next exhibitions:

- 8/2005. Cultural centre of Cadiz, Spain, individual, "essence of woman" (shells).
- 4/2006. Rocio gallery Cadiz, Spain, individual, "The canvas of nature" (shells).
- 5/2005-2006-2007. I participated three continuous years in the meeting of Ioniotissas woman (shells and canvas).
- 11/2008. Cultural Centre Villa Stella, New Heraclion, individual "Travel in Chromochrono" (acrylic on canvas).
- 4-10/2009. Art-Space gallery, Santorini (acrylic on canvas).
- 7/2009. Municipal art gallery of Mykonos, individual, "Creating a colorful planet" (acrylic on canvas).
- 10/2009. Spyropouleio Cultural Center - Municipality of Psychico, group exhibition "Meeting of Colours" (acrylic on canvas).
- 12/2009. House of colours, Stamata Athens, group exhibition, "Cromoterapia".
- 11/2011. Pneumatiki Estia Nikaias, individual, "Travel in Chromochrono II".
- 17-12/2012. HILTON, with Unesco, collective, "Money and Show".
- 1/2012. Enosi Spartis Mikras Asias, individual, "Opening with Colour and Optimism".
- 4-5-6/2012. Lemon Bar , Loutraki, individual.
- 17-31/8/2012. Cafe Art Loutraki, individual, "The dance of Colours".

critique

Upon Theodosia Chatoglou's work of art.

Well, I'm going to start talking about the sea, the paradise, life in constant move, the wind that shakes and transmutes. The wind that keeps us alive.

As well as about the ancient Greek civilization, about the painting on the ceramics, the geometrical figures, the colors of the rocks, of the seaweed, the colors of the sea.

Theodosia's painting is not only that ...those which I talked about is only the base. Her personal creation converts everything, giving space to her present work of art: sensational and vital.

The contemporary school of Athens starts with an artist whose emblem is sensualism, Gianni Tsarouhi. He's one of the few that decided to paint themes "a little bit normal", thus giving freedom to the ones who followed.

This expressional freedom is valued in Theodosia's works of art, which on the other hand reminds the Expressionism move "Action Painting" pretty much connected to the "Abstract Expressionism", whose movement of the painter's hand was fundamental, although in this case we have nothing to do with an abstract or purely expressionist work of art.

Her passing through Spain, specifically through the city of Cadiz (Andalusia), also carries weight, in this way or another it's a city island, almost an ancient greek city. Her staying there is valued in her work, a touch a little bit more baroque. There is space for everything even though the space is minimal.

Her works of art are colorful and contain lots of elements: tenderness, emotion, the infinite: birds, plants, geometrical figures in constant move, applied in a motif that at the same time captures it but still doesn't cancel it.

*Antonio Sanchez Alarcon
Doctor of School of Arts
Professor of Cadiz University*



Theodosia's Art Therapy

By definition Art is a form of therapy. Whether it derives from an internal need for expression or a need to understand the world around us, it is therapeutic. Art Therapy, therefore, is even deeper and aims at concrete results. It is used as a way to improve one's physical, psychological, emotional and mental state. That's why it is addressed to all-not just the "experts". Its therapeutic message does not discriminate.

Pictures and colours, as the communicative means, are an invigorating form of communication. The visual communication can interpret not only pictures of the present, but also those of the past and deep emotions. It gives its observer the opportunity to feel the symbolism in art.

Colours are the expressive means. With their energy they can relax, motivate, bring various emotions and have the power to heal.

Theodosia Chatoglou expresses her Art Therapy through clear, loud and bright messages. Heals through pictures. Geometrical pictures on which the harmony of the world is imprinted by describing reality and generating rhythm. In all of its manifestations, rhythm is therapeutic. Her painting is creative, man-centred, universal. It helps personal development and combats stressful situations. Through her art Theodosia communicates, awakens, motivates, creates hope in one's soul and eventually heals.

The symbolism in Theodosia's work is her way to feel, understand, listen, compare and apprehend the world around her, the human existence. Theodosia transforms the message of the world around her into a therapeutic picture and then relays it through her painting by embodying all the power a picture want to communicate.

In short, Theodosia's painting has empathy. It combines the imprint of reality with the expression of inner-self. And this creates trust – the cornerstone in the relationship between the healer and the one being healed.

Valia Pischou - Cultural Communication

Traditional patterns in circular movement ,dipped in colour to finally give a unique outcome! The anxiety of the world seen through the wilfulness of joy... How much of this can sorrow cope with?

...And the detail seen with love becomes very important .All of a sudden, nothing is the same, small or unimportant. Every one little , humble thing is shown as unique and essential and takes part in a fiesta of colours ,joy and mystical sense. Theodosia's art is an invitation to this fiesta and the guest feels blessed and favoured for the joy springing from their soul.

Kiriaki Kalimerantzi - Philologist

Born among the colours of the Heart and Love you took (used) the warmth and carefree mind of the child growing inside you and you created a whole new world for us.

Unconditionally, and without limits, allowing us to taste the fruit chymes from the trees ,to smell the flower blooming in their beds and swim naked in the clear waters of a vast blessed sea.

Myriads of colours, mingled with memories scattered and forgotten through the time. Birth, Life creation, symbolisms... Sharing. The Earth and all the planets, together, in a ceaseless dance of life, joy and blessing. Life, Hope, one Body, You, Me, Us!!!

Evaggelia Marouga, Somato-psicopedagogo

Every painting is a printing on canvas of high quality.there is only 33 copies of each painting signed and numbered by the artist. "The book of my life" 100x120 only in 10 copies, 500euros. Prices do not include VAT.

If you are interested in obtaining the original painting or wish to be notified for the exhibitions, presentations or new painting projects:

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